

# Clearwisdom Review

## An Update on Falun Dafa Worldwide

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### An Unfinished Letter from Prison

(Clearwisdom.net) The following letter was written by a Dafa practitioner in Jinan Women's Prison in Shandong Province.



**The letter exposes the brutality of the Communist Party and its regime. We are making the letter public in the hope that more people worldwide will join the efforts to oppose and bring an end to the persecution of Falun Gong practitioners in China.**

I once told you the situation here had improved. We finished working at 8 p.m. every day and had a break on Sunday. Unfortunately, this policy was only implemented for one week. I heard we had this short lived break because a Hong Kong newspaper exposed the prison policy. The newspaper reported that we had to labor long hours in poor living conditions, and that we were being persecuted. The authorities were scared of being exposed.

They tried all sorts of things against practitioners over the past several years. All the practitioners arrested prior to 2002 were electrically shocked. Now they don't allow the use of electric batons any more in this prison. Once practitioners enter the prison, they are detained in the enforcement division first, and forced to write "four statements" to give up the practice and defame Dafa. If they refuse, they are deprived of sleep and the use of the bathroom. Food is also restricted. They are forced to squat, to stand for extended periods, or put into solitary confinement. Guards and inmates armed with clubs take turns watching practitioners. If the practitioners move a little bit, they are beaten. A Dafa practitioner was once forced to squat down for more than 40 days, and was unable to stand up afterwards. The severity of the torture and beatings are beyond description. Some practitioners were forced to write the statements to renounce Falun Gong and other practitioners lost consciousness several times. Every practitioner was tortured like this.

The persecution continues here. Practitioners are forced into solitary confinement and force-fed if they go on hunger strike. They are beaten and have their clothes ripped. In the summer of 2005, those thugs stripped a practitioner naked and beat her badly for the entire day, just because she refused to "transform." Practitioners are not allowed to wear heavy clothing in the winter. They are kept in the cold for a long time, and watched over by inmates bearing clubs. If they move a little bit they are beaten. One time when meeting family members, a practitioner told them about the beatings and showed them her wounds. After that, the prison officials then prohibited all of the practitioners who refused to "transform" from seeing their families. In addition, a special group was created to "transform" us.

Since Shandong Women's Prison was established in 1997, it has committed many atrocities. We are forced to work more than 15 hours a day--sometimes overnight or even two or three days in a row without sleep. The police order the inmates to monitor us 24 hours a day, and do not allow us to say a single word. The mental torture is severe. Ms. Liu Zhimei, a 26 year-old practitioner from Tsinghua University was persecuted this way until she suffered a mental breakdown.

### Introduction to Falun Dafa

Falun Dafa, also known as Falun Gong, is a practice for benefiting physical health and elevating the mind. The practice consists of five gentle exercises including meditation, and diligent effort on the part of practitioners to follow the universal principles of Truthfulness-Compassion-Forbearance in daily life. Falun Gong is not only beneficial to one's own health and well-being, it also benefits others. Although the practice originated in China, today it is practiced throughout the world by people of all races and walks of life. In the face of the most brutal and vicious persecution perpetrated on them by the Chinese Communist Party, Falun Gong practitioners have found the spiritual strength to resist peacefully and tirelessly by upholding the principles of Truthfulness-Compassion-Forbearance.



### About Clearwisdom

Clearwisdom.net is the most authoritative source of information about the practice of Falun Gong and about the persecution of Falun Gong in China, reporting timely news and events happening inside China as well as from the more than 70 countries around the world where Falun Gong is practiced. Clearwisdom responsibly publishes the experiences and understandings of practitioners themselves, who submit the majority of the articles.

## Los Angeles: Falun Gong Displays Majestic Charm at Grand Parade in Chinatown



(Clearwisdom.net) Nearly 2,400 Falun Gong practitioners from around the world came to Los Angeles to attend the Western US International Fa Conference on February 25, 2006. On February 26, they gathered in Chinatown in Los Angeles to hold a series of truth-clarification activities, including a large-scale group practice, a rally and a grand parade to expose and call for an end to the Chinese Communist Party's persecution of Falun Gong.

## My Elder Sister's Story of Practicing Falun Dafa

*By a practitioner from Taiwan*

(Clearwisdom.net) My elder sister is a cautious and conscientious middle-aged lady. She used to be the owner of a textile factory. After working for 30 years and seeing her children grow up, she retired 4 years ago. After a period of living the life of a retiree, she began to have serious health problems. Besides gaining weight, examinations also found a tumor in her liver, and a blood test showed high cholesterol and high uric acid. She also suffered from chronic coughs, hemorrhoids, and large intestine polyps.

She read the book *Zhuan Falun* and conducted herself as a practitioner. One day after she practiced Dafa for four weeks, she saw blood in her stool. However, she was not scared. She continued her normal Fa-study and exercises. After two days, the bleeding stopped and the hemorrhoids were gone. After a few months of practicing Falun Dafa, she enjoyed great health and walked with a spring in her step.

The most important advancement came after her regular six-month doctor's visit for her tumor follow-up. After she had been practicing Falun Dafa for over a year, the doctor said that she didn't need to come again because the tumor was gone. She went to two other hospitals to make sure, and they confirmed that the tumor was gone.

## Practitioner Mr. Yang Lidong Tortured to Death

(Clearwisdom.net) Mr. Yang Lidong was 35 years old, and lived on Tuanjie Street in Songyuan City, Jilin Province. He had been sent to forced labor twice at the Yinmahe Labor Camp in Jiutai City.

In May 2000, Mr. Yang Lidong went to Beijing to appeal for Falun Dafa, and was arrested and detained in the Songyuan City Detention Center, where policeman Zhang Shuhuai ordered prisoners to whip him 99 times with a two foot long, four inch diameter plastic tube. This caused his flesh to be lacerated in many places. Mr. Yang was later sent for a one year term at the Yinmahe Forced Labor Camp in Jiutai City.

In the Second Ward of the Yinmahe Labor Camp, Mr. Yang was often tortured with brutal beatings, a device called the "Sitting Board," forced brainwashing, and over-time heavy labor. His term was also extended by six months.

On February 8, 2002, Yang Lidong was arrested after policemen from the local Tuanjie Street Station ransacked his home. He was cruelly beaten. He was sentenced to two years of forced labor at the Yinmahe Labor Camp again on February 11, 2002.

He could not take care of himself and was dying when released. He died on January 17, 2006, thin as a skeleton, and a tragic sight to see.



*Photo taken on July 5, 2004, after being tortured*